

# PLC Share Out 2016

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*Filled Monday, June 20, 2016*

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## PLANNING

Sharing what we have learned in our 2015-2016 professional learning collaborations with colleagues helps us all...• improve student learning for all students,• identify valuable resources and tools now available to help educators• reflect upon and enhance our collaborative practices• celebrate and share our learning and our students' growth and successes. Please take some time with your team over the next few weeks to complete this PLC Share out template. The deadline is JUNE 8, 2016. Responses will again be posted on Learn71 PLC sorted by "Themes" and "Schools"

### 1. In which school is this PLC team based?

Navigate (NIDES)

**2. Who is/was in your group? Please provide names of your team members for the purpose of finding peer contacts for future projects. If possible, please include grade or subject each member teaches, separated by commas: (i.e Chris Brown, Gr 8 math, Sue White, LST)**

Variable

Response

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Alison Burns, Krista Barlow, Linda Howey. Kevin Corman

**3. If possible, please provide a key contact person(s) who would be willing to answer questions about your project in the event that another educator or group wants to pursue a similar inquiry.**

Variable

Response

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Alison Burns or  
Linda Howey

#### **4. Planning: What is/was your Inquiry Question?**

How can online and face to face SEL resources improve the students' social and national knowledge?

#### **5. To what student need are/were you responding? What student learning issue did your team focus upon or seek to improve?**

Social emotional control - EF skills Calming in order to learn

### **ACTING**

#### **6. What actions/interventions/strategies did you or will you implement or explore?**

Each week taught SEL strategies from MINDUP, Pintrest and each student built a calm kit over the year. Also, taught the program GoZen each week, an online program about reducing anxiety in order to learn. Each class started with the Core Practise from MindUp (breathwork with a chime)

#### **7. What resources, materials, links, tools, experts, or research did you use?**

Please provide details so others may easily access those same resources in their similiar inquiries.

Pintrest - Alison's self regulation page, GoZen, and MindUp

#### **7a. Did your team or school co-create any new tools, assessments, learning resources or materials as a result of your inquiry?**

Yes, many of them

**7b. If yes, for what grade level or subject area are they best suited?**

Grade 4 to 8

**7c. If these tools, assessments, rubrics or materials could/will be made accessible for other educators, where will they be located? (i.e. LRC, online links, at your school?)**

At our school

**OBSERVING**

**8. What are/were the results of your inquiry/implementation/project on student learning? What changes, if any, did you see in student learning, behavior or engagement that correlates to your team's interventions?**

They were able to use some of the calming strategies outside at home, where able to choose at least new 5 self calming strategies to their tool kits by the end of June

**9. What types of information/observations/data did you monitor or collect to confirm whether or not your intervention is/was working? (i.e. qualitative, anecdotal, quantitative sources: surveys, student journaling or student work, changes in attendance or behavioral incidents, before/after videos, test scores, DART, observational checklists, student self-evaluations, interviews, completions rates.)**

We have data re calming strategies comparing the number of strategies used at start and at the end dates of the program. Mainly from 2 strategies to 5. The breath work increased from a minute and half to 4 minutes by June.

**10. What were some of the student learning highlights that your team shared that could be shared with others? What student successes/stories stood out for you?**

When they shared stories spontaneously about how the calming strategies were used at home and in real situations.

**11. If you feel your initiative did not improve student learning at this point in time, why do you think that might be? Can you identify any impeding factors? What advice would you give peers who are exploring similar issues to help them avoid these impediments?**

Time was impeding the delivery of the lessons.... this program needs a couple of hours a week and every day Core Practice. Also, getting some kids to buy-in.

## **REFLECTING**

**12. What are/were some of the highlights experienced in your Professional Learning Community journey so far? What worked well?**

The programs worked well, easy to follow and starting the core practice set the tone. GoZEn was age appropriate and fun

**13. What are/were some of the challenges experienced in your collaborative learning community? (By sharing this information, we are better able to identify needed resources or solutions.)**

Time management and prep

**14. What do you believe would be helpful to have/know/do next time in order to improve results or help you or your learners move forward?**

More time to prep, we did a lot of it on weekends

**15. What are your next steps, moving forward?**

Continue with same inquiry

**Thank you for your time and for sharing your insights, resources and learning with your colleagues and the educational community.**

The results of these Share Out templates will be sorted and posted on the Learn71 website by July 2016, so all educators will have access to the information in time for fall 2016 planning. If you have any questions or concerns about the questions in this template, email SD71PLC@gmail.com. If you have technical difficulties, please contact the IT help desk. Thank you